
Consultation: Relationships, Sex & Health Education Policy

Pupil consultation on Trust wide Relationships, Sex & Health Education Policy to take effect from 1 September 2026.

Your voice matters

As a member of a school that's part of the CAM Academy Trust, we want to make sure that what you learn in Relationships, Sex & Health Education (RSHE) is useful, appropriate, and helps you feel safe and confident as you grow up.

Your school is reviewing its RSHE lessons because there has been changes to the guidance provided by the Department for Education (DfE). We would really like to hear your views.

What is RSHE?

RSHE is where you learn about:

- Friendships and relationships
- Respecting yourself and others
- Staying safe (including online)
- Understanding changes as you grow up

Why Are We Asking You?

We want to:

- Make sure lessons are right for your age
- Teach topics in a way that feels comfortable and clear
- Help you understand how to stay safe and make good choices
- Improve lessons based on what pupils actually think

What Might Change?

We are looking at:

- When certain topics are taught (what year group)
- How lessons are delivered

- Making sure everything is explained clearly and appropriately
- Giving you more chances to ask questions and share your thoughts

Questions for You

You can answer as many of these as you like:

1. Do you feel RSHE lessons are useful? Why/why not?
2. Do you feel comfortable in RSHE lessons? Why or why not?
3. Are the topics covered at the right time in your school journey?
4. Is the level of detail right for your age?
5. Are sensitive topics handled well by teachers?
6. What topics do you think are most important to learn about?
7. Is there anything you think should be taught earlier or later?
8. Do you feel safe asking questions in lessons?
9. How could RSHE lessons be improved?

How to Share Your Views

You can give your feedback by:

- Completing a [short survey](#)
- Taking part in a discussion in school
- Sharing your ideas with a teacher

Your answers will be:

- Taken seriously
- Used to improve lessons
- Kept private (your name will not be shared)

When is This Happening?

The consultation will take place from:

18 May – 18 June

What Happens Next?

After 18 June:

- We will look at what pupils and parents have said
- Make changes where needed
- Update how RSHE is taught in your school

Thank You

Thank you for taking the time to share your thoughts.

Your ideas will help make RSHE better for everyone.